

[00:00:07.690] - Bob Kuhn

I'm Bob Kuhn. On June 6 of 2018, I went to sleep happy and healthy and woke up the next morning paralyzed. It was Fulminant GBS. That's severe sudden onset Guillain-Barre syndrome.

[00:00:25.530] - Amy Jo Rohe

My name is Amy Jo Rohe. I'm an occupational therapist. I've been with Brooks for seven years, but as an outpatient occupational therapist at the neurorecovery center, I'm working with patients to help them function better in their day to day life. So that's things like self care, going to work, sometimes that's leisure activities.

[00:00:43.710] - Bob Kuhn

I came to Brooks four and a half years ago totally paralyzed with a trach and a feeding tube. And I've been receiving therapy working towards more independence, specifically working on ADLs like showering, shampooing, and hair grooming. And I'm hopeful that someday I'll be able to get back to traveling.

[00:01:07.110] - Amy Jo Rohe

There's lots of moving parts with the shoulder, which makes it difficult to rehab. I've been working with Bob for over a year now. He has not been able to reach over his head at all since I've known him. Getting him in the Harmony has been really helpful because it has helped facilitate his ability to reach above horizontal. Getting him in the Harmony, that was the first time he's actually been able to reach the top of his head, so that's been really cool. And when I did my reassessment on him, I found that he improved by 20 degrees in his shoulder abduction. So that's lifting the arm up and out to the side and also by ten degrees in his flexion. So that's reaching the arm up in front of you.

[00:01:42.360] - Bob Kuhn

I like Harmony because it's consistently perfect and perfectly consistent. Quick setup is the same every day with the safe settings. And because the Harmony mimics my shoulders, the movements are really natural.

[00:02:02.410] - Amy Jo Rohe

I found that Harmony has been really easy to integrate into the therapy sessions. You just take a few measurements, plug them into the device, and then you find the correct size cuff and put those on. Those are really quick to slip on with the velcro, and then clipping it in is really easy as well. I've absolutely loved having Harmony here to use with my patients. Definitely unlike anything I've ever seen before. One of the other features I really like about the device is that you can set boundaries for movement. We've talked about people being able to reach over their head, but not everybody is appropriate for that due to risks for impingement. But you can set boundaries with the device so that it will only allow the person to reach a certain height. So there's definitely some really good safety features as well that I found really helpful for my patients.

[00:02:47.010] - Bob Kuhn

I've been unable to raise my hands up.

[00:02:52.850] - Bob Kuhn

Behind my head for the past four and a half years, and with Harmony, I can do it. It's really a good feeling.